

Routine/Divisions/Safety Guidelines/Judging Result Appeals

U.S. Spiritleaders recognize that teams attend other competition events. Because of this fact rules and guidelines are constantly changing. Teams may perform skills that are permitted at your final National competitions destination.

- Division and Team Size Categories:
 - U.S.Spiritleaders recognizes that UDA, NDA, and USA all have different division sizes. Based on the enrollment of each of our competitions, we will group the dance categories based on your final National competitions destination. We will send a preliminary order of performance to determine if the majority of the teams are happy with the division breakdown.
- School Teams may perform skills that are accepted by Varsity Brands, JAMZ, and U.S. Spiritleaders sponsored competitions. U.S. Spiritleaders Safety Rules reflect these organizations guidelines which follow AACCA Rules and can be found in the PDF areas of each competition site.
- All Star Teams may perform skills approved by the U.S. All Star Federation (www.USASF.net) and ICU.
- Questionable Skills It is the responsibility of all coaches to send in a video of any skill that could be illegal or fall within a gray line of legality to the U.S. Spiritleaders office one month prior to the competition date for approval.
- All individual entrants must comply with the same rules and guidelines for the team division level that corresponds to their entered division.
- Placement and Judges Rulings All Judges rulings on the day of the event can only be questioned within one week following the event, in

writing to the U.S. Spiritleaders office. It is the right of U.S. Spiritleaders to change placings within one week of the event. All teams in the division will be notified of such changes if they occur.